

Opioid Response Work Group Environmental Scan

Resource	Organization	Type	Summary	Link
AAOA – NCL Toolkit	Allied Against Opioid Abuse – National Consumers League (AAOA – NCL)	 Toolkit	“The AAOA-NCL (National Consumers League) Consumer Toolkit provides materials to help reinforce the need for patients, caregivers, parents and others to understand their rights, risks and responsibilities associated with prescription opioid use.”	Consumer Resources
Advancing the Safety of Acute Pain Management	Institute for Healthcare Improvement (IHI)	 Paper	“Providing comprehensive, holistic, safe care for patients with acute pain while minimizing unnecessary use of opioids is a challenging goal. A key tactic is using alternatives to opioids because the best way to reduce opioid misuse and opioid-related complications is to avoid prescribing opioids in the first place.”	Advancing the Safety of Acute Pain Management
The Agony of Opioid Withdrawal – and what doctors should tell patients about it. Travis Rieder	TED Talk	 Video	“In this personal talk, Travis Rieder recounts the painful, often-hidden struggle of opioid withdrawal and reveals how doctors who are quick to prescribe (and overprescribe) opioids aren't equipped with the tools to eventually get people off the meds.”	The agony of opioid withdrawal
Algorithm-based decision support for symptom self-management among adults with Cancer: results of usability testing	BioMed Central (BMC) Medical Informatics and Decision Making	 Research Paper	“Clinical decision support (CDS) is a potentially innovative way to provide information to patients where and when they need it. The purpose of this project was to design and evaluate a simulated model of an algorithm-based CDS program for self-management of cancer symptoms.”	National Center for Biotechnology Information article

<p><i>Applying CDC's Guideline for Prescribing Opioids</i></p>	<p>Centers for Disease Control and Prevention (CDC)</p>	 <p>Training</p>	<p>"This interactive online training series aims to help healthcare providers apply CDC's recommendations in clinical settings through patient scenarios, videos, knowledge checks, tips, and resources. "</p>	<p><u>Applying CDC's Guideline for Prescribing Opioids</u></p>
<p><i>Campaign for Meds Management Resource Center</i></p>	<p>Quality Improvement Organizations (QIO)</p>	 <p>Toolkit</p>	<p>"The Campaign for Meds Management (CMM) Resource Center provides tools and resources to help you develop an action plan for medication management. Follow these simple steps to help find what you are looking for!"</p>	<p><u>Campaign for Meds Management Resource Center</u></p>
<p><i>CDC Opioid Prescribing Guideline Mobile App</i></p>	<p>Centers for Disease Control and Prevention (CDC)</p>	 <p>Mobile App</p>	<p>"CDC's new Opioid Guideline App is designed to help providers apply the recommendations of CDC's Guideline for Prescribing Opioids for Chronic Pain into clinical practice by putting the entire guideline, tools, and resources in the palm of their hand. Managing chronic pain is complex but accessing prescribing guidance has never been easier."</p>	<p><u>CDC Opioid Guideline</u></p>
<p><i>Closing the Gateway from Surgery to Persistent Opioid Use</i></p>	<p>Institute for Healthcare Improvement (IHI)</p>	 <p>Paper</p>	<p>"This is a story of how our team helped break the cycle of unnecessary opioid prescribing at a surgery center and decreased patient exposure from 85 percent to zero. Our goal was to develop anesthesia and surgical protocols that enable patients to go through surgery with minimal or no exposure to opioids while effectively treating their post-operative pain."</p>	<p><u>Closing the Gateway from Surgery to Persistent Opioid Use</u></p>

<p><i>Communicating About Overuse with Vulnerable Populations</i></p>	<p>Robert Wood Johnson Foundation (RWJF)</p>	<p> Paper</p>	<p>“Overuse, or care that has a greater potential for harm than benefit, is widespread in American medicine, with severe effects on both quality of care and health care costs. To highlight and address this problem, the ABIM Foundation, in partnership with over 80 medical specialty societies, operates the Choosing Wisely® campaign, which promotes clinician-patient conversations about avoiding unnecessary care.”</p>	<p>Communicating About Overuse with Vulnerable Populations</p>
<p><i>HHS Guide for Clinicians on the Appropriate Dosage Reduction of Discontinuation of Long-Term Opioid Analgesics</i></p>	<p>U.S. Department of Health and Human Services (HHS)</p>	<p> Paper</p>	<p>“...provides advice to clinicians who are contemplating or initiating a reduction in opioid dosage or discontinuation of long-term opioid therapy for chronic pain.”</p>	<p>Guide for Clinicians</p>
<p><i>No Shortcuts to Safer Opioid Prescribing</i></p>	<p>New England Journal of Medicine</p>	<p> Paper</p>	<p>“Since the Centers for Disease Control and Prevention (CDC) released its Guideline for Prescribing Opioids for Chronic Pain in 2016, the medical and health policy communities have largely embraced its recommendations. A majority of state Medicaid agencies reported having implemented the guideline in fee-for-service programs by 2018, and several states passed legislation to increase access to nonopioid pain treatments.”</p>	<p>No Shortcuts to Safer Opioid Prescribing</p>
<p><i>Opioid and Opioid Use Disorder: An Environmental Scan</i></p>	<p>National Quality Forum (NQF)</p>	<p> Paper</p>	<p>“The TEP will use this scan of opioid and OUD-related quality measures to craft specific measurement recommendations to HHS for the purposes of improving management, prevention, diagnosis, and treatment of persons using or misusing opioids.”</p>	<p>Opioid and Opioid Use Disorder</p>

Pain	National Center for Complementary and Integrative Health (NIH)	 Toolkit	“Pain is the most common reason for seeking medical care. It is also a common reason why people turn to complementary and integrative health approaches. If you are considering such an approach for pain, this information can help you talk with your health care provider.”	Pain
Pain Education Toolkit	Oregon Pain Guidance (OPG)	 Toolkit	“This toolkit provides education for patients on how they can improve their health and manage their pain better through physical activity, sleep, nutrition, mood, and tapering. Patients decide what area or “domain” to focus on and what techniques they can employ to improve their overall health and help with their pain.”	Pain Education Toolkit
Pain Management Best Practices Inter-Agency Task Force Report	Department of Health and Human Services USA (HHS)	 Paper	“The report emphasizes the development of an effective pain treatment plan after proper evaluation to establish a diagnosis, with measurable outcomes that focus on improvements, including quality of life (QOL), improved functionality, and activities of daily living (ADLs).”	Pain Management Best Practices
Pain Management for People with Serious Illness	The National Academies of Sciences, Engineering, and Medicine	 Toolkit	“The National Academies of Sciences, Engineering, and Medicine hosted a workshop to explore the intersection of the OUD epidemic and serious illness care. Here’s what some of the participants said.”	Pain Management for People with Serious Illness
Pain Management Tools	American Chronic Pain Association (ACPA)	 Toolkit	“Living with a chronic condition requires changing the way you think about your health care and your life. The ACPA describes this as moving from patient to person. The information in this section can help you begin to regain control of your life and become an active participate in your treatment team.”	Pain Management Tools

<p>PCSS Launches Core Curriculum on Substance Use Disorder 101 for Healthcare Professionals</p>	<p>Providers Clinical Support System (PCSS)</p>	 Paper	<p>“The modules explore such topics as screening, stigma, motivational interviewing, alcohol, tobacco, and opioid use disorders to name a few.”</p>	<p>PCSS Launches Core Curriculum on Substance Use Disorder 101 for Healthcare Professionals</p>
<p>Prescription Drug Monitoring Program Mandates: Impact on Opioid Prescribing and Related Hospital Use</p>	<p>Health Affairs</p>	 Paper	<p>“Comprehensive mandates for prescription drug monitoring programs (PDMPs) require state-licensed prescribers and dispensers both to register with and to use the programs in most clinical circumstances.”</p>	<p>Prescription Drug Monitoring Program Mandates</p>
<p>Prescription to Learn: The GPS to Healthcare</p>	<p>Prescription to Learn, Inc.</p>	 Toolkit	<p>“In alignment with the goals of the Cancer Moonshot Initiative, CANCER101 and the Health Collaboratory launched Prescription to Learn® (P2L), a trusted ecosystem co-designed with patients and their families to address the overwhelming problem of information overload.”</p>	<p>A Health GPS for Patients and Families</p>
<p>Researchers from Rutgers Dental Will Lead Landmarks Study of Opioid Alternatives</p>	<p>New Jersey Spotlight</p>	 Paper	<p>“National Institutes of Health award \$11.7 million to university to spearhead project comparing narcotic and non-narcotic pain medicine treatments”</p>	<p>NJ Spotlight Article</p>
<p>Taking Acute Pain Seriously, Treating it Safely - Podcast</p>	<p>Institute for Healthcare Improvement (IHI)</p>	 Podcast	<p>“Our WIHI guests all agree that health care needs to create safer processes for a patient population that is becoming more aware of the risks of opioids, more realistic about their ability to tolerate some pain, and more open to non-opioid remedies for pain management.”</p>	<p>Podcast</p>

<p>Technology Targeting Substance Use</p>	<p>DynamiCare Health</p>	 <p>Mobile App</p>	<p>“DynamiCare Health is a platform for families and individuals that reinforces a person’s recovery from addiction and rewards healthy behavior.”</p>	<p>DynamiCare App</p>
<p>What Dentists Should Know</p>	<p>The Journal of the American Dental Association (JADA)</p>	 <p>Paper</p>	<p>“What dentists should know. Key opioid articles from the Journal of the American Dental Association.”</p>	<p>What Dentists Should Know</p>